# Mom H?s Steel Cut Oat Scones

## Description

1 ½ cup spelt flour
1 ¼ cups steel cut oats
1/4cup of sugar
1 tbsp baking powder
½ tsp salt
2/3 cup melted coconut butter
½ cup of milk + 1tsp if needed
1 egg
½ cup of blueberries
¼ cup dark chocolate
¼ of chopped nuts

Topping :
1 egg beaten
2tbsp sugar

Soak oats with milk at least 1 hour or over night. Heat oven to 450 F. Mix all dry ingredients. Add berries ,chocolate & nuts; add oats. Mix all wet ingredients and add to dry ingredients. Do not over blend; if too dry add extra milk. Roll dough out on floured surface to 1 inch thickness and cut out with a 2inch cutter. Place on cookie sheet lined with parchment paper. Brush with beaten egg and sprinkle with sugar. Bake for about 15 minutes or until done. Makes about 14 scones

## Summary

**Yield:** 14
**Prep Time:** 1 1/2 hours
**Category:** Breakfast

## Ingredients

## Instructions