Italian Meatballs

Description

Meatballs Poliferno Style..



Summary

Yield: 10
Source: Aunt Yolanda and Aunt Mary
Prep Time: 1 hour
Category: Meats
Cuisine: Italian

Ingredients

- 1/2 lb ground beef
- 1/2 lb ground pork
- 1 salt and pepper to taste
- 1 chopped parsley to taste
- 1 cup Grated Cheese
- 1 loaf of Italian bread
- 2 clove garlic or more to taste
- 1 egg

Instructions

Soak 1/2 loaf of hardened Italian bread in water. Squeeze all the water out hard.

Mix all ingredients together then add the squeezed out bread to the mixture.

Form meatballs and fry in oil, or bake in oven.